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Free diapers and baby health bags for Infant Immunization Week

Erie, PA — This **National Infant Immunization Week** (April 22-29), the Erie County Department of Health will be distributing free Baby Health Education Bags on **April 26 Friday** at the Erie Family Center's Diaper Depot event. The bags will contain useful items for babies and educational materials about infant immunizations.

The Diaper Depot is 2 to 4 p.m. at the 27th street entrance of Mercy Anchor Community Center, between East and Pennsylvania avenues. Health educators will be there to answer questions about immunizations. Bags will be available while supplies last.

Parents and guardians of babies two years and younger are strongly encouraged to work together with their children's doctor or primary healthcare provider to stay on schedule with routine immunizations.

Giving babies the recommended vaccinations by age two is the best way to protect them from serious childhood diseases, as recommended by the Centers for Disease Control and Prevention (CDC) and the American Academy of Pediatrics.

Also, since many schools and sports activities require immunizations, keeping on schedule helps families to avoid the rush when the school year starts.

Children are exposed to thousands of germs every day. This happens through the food they eat, the air they breathe, and the things they put in their mouth. Babies are born with immune systems that can fight most germs, but some germs cause serious or even deadly diseases a baby can't handle. For those, babies need the help of vaccines. Vaccines helps a body's immune system to recognize and learn to fight serious diseases.

Vaccines are tested to ensure that they are safe and effective for children to receive at the recommended ages. For more information about childhood immunizations:

- Pennsylvania Department of Health
- Centers for Disease Control and Prevention

<u>Registering online</u> in advance is required for those who will pick up free diapers for their family. For guidelines or questions about the Erie Family Center's Diaper Depot, contact 814-520-8214 or info@eriefamilycenter.org.

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